

<u>POS</u>	<u>GEN POS</u>	<u>NR</u>	<u>DIST</u>	<u>GEN DER</u>	<u>NAME</u>	<u>SURNAME</u>	<u>AVE SPEED</u>	<u>TIME</u>
1	1	427	12km	M	JAMES	FLETCHER	21.06	00:34:12
2	2	433	12km	M	KEENAN	PRETORIUS	20.96	00:34:22
3	3	422	12km	M	Aiden	Fletcher	19.77	00:36:25
4	4	407	12km	M	Kaleb	Chipps	18.60	00:38:42
5	1	401	12km	F	Olivia	Sheard	18.32	00:39:18
6	5	423	12km	M	Graham	Whetton	18.27	00:39:25
7	2	408	12km	F	Elna	Chipps	18.25	00:39:27
8	6	426	12km	M	NATHAN	AMOS BROWN	17.80	00:40:27
9	3	421	12km	F	Shirlyey	Bond	17.08	00:42:09
10	7	432	12km	M	NATHAN	WEISE	15.48	00:46:30
11	8	431	12km	M	TERENCE	WEISE	15.47	00:46:32
12	9	434	12km	M	BENJAMIN	PRETORIUS	15.21	00:47:19
13	4	405	12km	F	Ida	Schoeman	15.03	00:47:54
14	5	404	12km	F	Karle	Schoeman	15.02	00:47:57
15	6	409	12km	F	Nikita	Benretta	13.15	00:54:45
16	7	416	12km	F	Asanda	Stoto	12.30	00:58:32
17	8	418	12km	F	Sokhana	Mdyogolo	12.23	00:58:52
18	10	414	12km	M	Emihle	Kunine	12.22	00:58:55
19	11	412	12km	M	Kellan	Krause	11.64	01:01:51
20	12	410	12km	M	Karle	Krause	11.59	01:02:08
21	9	411	12km	F	Janet	Krause	11.58	01:02:09
22	10	429	12km	F	MEGAN	SHEARD	11.30	01:03:43
23	13	430	12km	M	SIMON	SHEARD	11.23	01:04:08
24	14	428	12km	M	IAN	SHEARD	11.21	01:04:15
25	11	417	12km	F	Sesethu	Jacisa	9.31	01:17:20
26	12	415	12km	F	Bonakhuhle	Dalingozi	9.29	01:17:32
27	13	413	12km	F	Ansley	Onters	9.25	01:17:49

<u>POS</u>	<u>GEN POS</u>	<u>NR</u>	<u>DIST</u>	<u>GEN DER</u>	<u>NAME</u>	<u>SURNAME</u>	<u>AVE SPEED</u>	<u>TIME</u>
1	1	303	19km	M	Sabro	Atakligan	16.20	01:10:22
2	2	297	19km	M	Matthew	Niemand	15.63	01:12:57
3	3	290	19km	M	Inathi	Xalisa	13.50	01:24:27
4	4	307	19km	M	Ryno	Vosloo	12.94	01:28:04
5	5	136	19km	M	David	Schroeter	12.53	01:30:57
6	6	298	19km	M	Teo	Bosazzo	12.40	01:31:56
7	7	292	19km	M	Lihle	Ngalo	12.14	01:33:53
8	8	318	19km	M	Jack	Hayman	11.79	01:36:44
9	1	315	19km	F	Denise	Norris	11.63	01:38:04
10	9	288	19km	M	Thokozini	Dlamini	11.62	01:38:05
11	10	262	19km	M	Brady	Potter	11.48	01:39:17
12	11	287	19km	M	Reece	Miles	11.48	01:39:18
13	12	293	19km	M	Gwiba	Mahlathi	11.42	01:39:48
14	13	294	19km	M	Xhobani	Mayekiso	11.34	01:40:30
15	14	266	19km	M	Daniel	Schoeman	11.21	01:41:40
16	2	305	19km	F	Caryn	Sorenson	10.77	01:45:49
17	15	275	19km	M	Erik	Spies	10.51	01:48:26
18	3	306	19km	F	Tanja	Wernhardt	10.48	01:48:49
19	16	301	19km	M	William	Hirst	10.46	01:48:59
20	4	320	19km	F	Charne	Hirst	10.46	01:49:00
21	5	320	19km	F	Charne	Hirst	10.32	01:50:27
22	17	289	19km	M	Somila	Tendana	10.32	01:50:29
23	6	280	19km	F	Sarah-Dene	Wyllie	10.31	01:50:35
24	18	279	19km	M	Pierre	Swanepoel	10.27	01:50:58
25	7	311	19km	F	Ryno	Cloete	10.16	01:52:15
26	19	314	19km	M	Kevin	Rawstron	9.81	01:56:10
27	20	268	19km	M	Peter	Minnie	9.81	01:56:12
28	21	282	19km	M	Ian	Straus	9.81	01:56:16
29	22	291	19km	M	Alakhe	Tshembesi	9.80	01:56:17
30	23	281	19km	M	Retief	Straus	9.80	01:56:19
31	24	272	19km	M	Jared	Hayward	9.73	01:57:12
32	25	309	19km	M	Shaun	Kumm	9.72	01:57:14
33	8	317	19km	F	Neve	Haymann	9.63	01:58:25
34	9	259	19km	F	Rachel	Hayward	9.62	01:58:28

<u>POS</u>	<u>GEN POS</u>	<u>NR</u>	<u>DIST</u>	<u>GEN DER</u>	<u>NAME</u>	<u>SURNAME</u>	<u>AVE SPEED</u>	<u>TIME</u>
35	10	296	19km	F	Michelle	Niemand	9.61	01:58:40
36	26	270	19km	M	Keegan	Krummeck	9.40	02:01:13
37	27	271	19km	M	Rob	Krummeck	9.40	02:01:15
38	28	278	19km	M	Evan	Chipps	9.35	02:01:53
39	29	265	19km	M	Johann	Schoeman	9.24	02:03:25
40	30	267	19km	M	Callum	McEwan	9.23	02:03:33
41	31	295	19km	M	Libonge	Pieters	9.20	02:03:57
42	11	256	19km	F	Annelize	Riley	9.07	02:05:38
8	12	263	19km	F	Saretha	Olivier	9.05	02:05:57
9	32	264	19km	M	Bryan	Haller	9.05	02:05:58
43	33	310	19km	M	Kyle	Lock	9.00	02:06:37
44	13	316	19km	F	Domanique	Lieberum	9.00	02:06:40
45	34	283	19km	M	Jonathan	Thompson	8.97	02:07:09
46	35	284	19km	M	Benjamin	Thompson	8.89	02:08:16
47	36	308	19km	M	Petrus	Vosloo	8.77	02:09:57
48	37	285	19km	M	Mitchell	Bennett	8.77	02:09:59
49	38	274	19km	M	Jared	Stevens	8.77	02:10:01
50	39	277	19km	M	Ethan	Chipps	8.64	02:11:57
51	40	302	19km	M	Cadell	Graham	8.64	02:12:01
52	41	254	19km	M	Mluleki	Nikelo	8.56	02:13:06
53	14	251	19km	F	Magda	van der Vyver	8.11	02:20:38
54	42	255	19km	M	Xolani	Tsama	7.90	02:24:16
55	43	257	19km	M	Johnny	Le Roux	7.90	02:24:17
56	15	313	19km	F	Liz	Bruce	7.66	02:28:50
57	44	312	19km	M	Frazer	Bruce	7.66	02:28:51
58	45	299	19km	M	EJ	Mollentze	7.62	02:29:31
59	46	286	19km	M	Teegan	Hayward	7.40	02:34:08
60	16	260	19km	F	Dionne	Lahner	7.22	02:37:52
61	17	319	19km	F	Lee-Ann	Wanckel	6.91	02:44:52
62	18	304	19km	F	Carol	Vincent	6.91	02:44:53
63	19	252	19km	F	Candice	Marshall	6.73	02:49:27
64	20	253	19km	F	Sandra	Thompson	6.73	02:49:29
65	21	273	19km	F	Wendy	Freeman	6.19	03:04:09

<u>POS</u>	<u>GEN POS</u>	<u>NR</u>	<u>DIST</u>	<u>GEN DER</u>	<u>NAME</u>	<u>SURNAME</u>	<u>AVE SPEED</u>	<u>TIME</u>
1	1	139	40km	M	Zachary	Swart	22.22	01:48:01
2	2	110	40km	M	Clarence	Randall	19.73	02:01:37
3	3	172	40km	M	SAM	WATERSON	19.69	02:01:55
4	4	123	40km	M	Fanie	van Biljon	19.66	02:02:04
5	5	115	40km	M	Aubrey	Van Reeken	19.65	02:02:08
6	6	148	40km	M	William	Leslie	19.45	02:03:22
7	7	122	40km	M	Laurence	Kent	19.12	02:05:30
8	8	151	40km	M	Neville	Demmer	18.94	02:06:43
9	9	142	40km	M	Martin	van Rensberg	18.14	02:12:18
10	10	170	40km	M	NATHAN	TROLLIP	17.94	02:13:48
11	11	169	40km	M	MARNE	SCHULTZ	17.67	02:15:51
12	12	118	40km	M	Dazel	Bridger	17.10	02:20:19
13	13	126	40km	M	Bruce	Rayment	16.77	02:23:08
14	14	147	40km	M	Devon	Reed	16.77	02:23:09
15	15	124	40km	M	Duncan	Sephton	16.52	02:25:19
16	16	161	40km	M	Mike	Boy	16.40	02:26:19
17	17	164	40km	M	Wayne	HARDING	16.24	02:27:47
18	1	166	40km	F	Lee-Ann	Beard	16.23	02:27:52
19	18	146	40km	M	Werner	Schiller	16.23	02:27:55
20	19	153	40km	M	Jonathan	Toy	16.04	02:29:39
21	20	103	40km	M	Andre	de Beer	15.89	02:31:01
22	21	154	40km	M	Malcolm	Mac Sherry	15.89	02:31:03
23	2	129	40km	F	Ingrid	Krummeck	15.80	02:31:53
24	22	120	40km	M	Rob	Hartzenberg	15.80	02:31:55
25	23	113	40km	M	Bertie	Ras	15.59	02:33:55
26	24	105	40km	M	Shane	Hayward	15.49	02:34:58
27	25	145	40km	M	Brendon	Toy	15.43	02:35:33
28	26	159	40km	M	Wesley	Norris	15.25	02:37:23
29	27	140	40km	M	Andrew	Marshall	15.20	02:37:55
30	28	143	40km	M	Egbert	Joubert	15.17	02:38:12
31	29	168	40km	M	JURIE	KRIEL	15.16	02:38:21
32	30	155	40km	M	Clint	Lock	14.63	02:44:00
33	31	160	40km	M	Quenten	Lieberum	14.62	02:44:11

<u>POS</u>	<u>GEN POS</u>	<u>NR</u>	<u>DIST</u>	<u>GEN DER</u>	<u>NAME</u>	<u>SURNAME</u>	<u>AVE SPEED</u>	<u>TIME</u>
34	32	144	40km	M	Erik	Egeland	14.45	02:46:02
35	33	133	40km	M	Gerhard	Spies	14.35	02:47:18
36	34	171	40km	M	LYNDON	SNELLING	14.11	02:50:04
37	35	107	40km	M	Rowen	Blignaut	14.00	02:51:27
38	36	138	40km	M	Neil	Hayward	13.88	02:52:53
39	37	119	40km	M	Dean	Sheard	13.81	02:53:46
40	3	141	40km	F	Bridget	Filmer	13.61	02:56:20
41	38	108	40km	M	Nolan	Blignaut	13.39	02:59:16
42	39	135	40km	M	Glen	Hawkes	13.39	02:59:18
43	40	112	40km	M	Butch	Kriel	13.38	02:59:20
44	41	101	40km	M	Darryn	Kingman	13.33	02:59:59
45	42	132	40km	M	David	MacLachlan	13.28	03:00:46
46	43	165	40km	M	Peter	Calder	13.09	03:03:23
47	44	131	40km	M	Tristan	de Villiers	13.04	03:04:03
48	4	111	40km	F	Alsone	Janson	12.88	03:06:19
49	5	157	40km	F	Rozanne	Swanepoel	12.82	03:07:09
50	45	104	40km	M	Pieter	van der Vyver	12.81	03:07:19
51	46	109	40km	M	Andre	de Beer	12.57	03:10:57
52	47	121	40km	M	Ken	Rosenstrauch	12.52	03:11:38
53	48	150	40km	M	Jean-Pierre	Jordaan	11.92	03:21:23
54	6	149	40km	F	Tanja	Jordan	11.91	03:21:28
55	49	134	40km	M	Ross	Cotterrell	11.76	03:24:03
56	50	152	40km	M	Andre	Howard	11.53	03:28:07
57	51	130	40km	M	Jack	kemp	10.92	03:39:47
58	52	114	40km	M	Bernard	Cotterrell	10.92	03:39:51
59	53	125	40km	M	Arthur	van Coller	10.25	03:54:07
60	7	127	40km	F	Paula	Botha	10.25	03:54:08
61	54	163	40km	M	Robert	Venter	10.25	03:54:11
62	8	116	40km	F	Ashlee Rae	Birch	8.52	04:41:39
63	55	117	40km	M	Aiden	Homann	8.52	04:41:43

<u>POS</u>	<u>GEN POS</u>	<u>NR</u>	<u>DIST</u>	<u>GEN DER</u>	<u>NAME</u>	<u>SURNAME</u>	<u>AVE SPEED</u>	<u>TIME</u>
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1	1	6	57km	M	Jonty	Rosenstrauch	24.94	02:17:08
2	2	15	57km	M	Ndumiso	Dontso	24.86	02:17:34
3	3	32	57km	M	Jason	Peach	24.09	02:21:59
4	4	50	57km	M	JASON	REED	23.23	02:27:13
5	5	16	57km	M	Luvuyo	Siyasi	23.23	02:27:15
6	6	18	57km	M	Norman	Boy	23.22	02:27:17
7	7	20	57km	M	Paul	Steyn	22.61	02:31:15
8	8	8	57km	M	David	McEwan	22.57	02:31:32
9	9	47	57km	M	Mike	Pederson-Horn	22.30	02:33:22
10	10	27	57km	M	Warick	Minkley	21.14	02:41:46
11	11	5	57km	M	Chris	Batting	21.07	02:42:18
12	12	23	57km	M	Greg	Vincent	20.46	02:47:08
13	13	11	57km	M	Shane	Babcock	20.15	02:49:44
14	14	40	57km	M	Kevin	Wanckel	19.75	02:53:09
15	15	45	57km	M	Jason	Burmeister	19.45	02:55:51
16	16	17	57km	M	Awie	Jacobs	18.66	03:03:14
17	17	12	57km	M	Ed	Marshall	17.99	03:10:07
18	18	49	57km	M	DALLAS	DREYER	17.81	03:11:59
19	19	41	57km	M	Eton	Goodwin	17.62	03:14:05
20	20	4	57km	M	Brian	Potter	17.51	03:15:21
21	1	19	57km	F	Lara-Ann	Van der Venter	17.44	03:16:04
22	2	46	57km	F	Shannon	Kirkhoff	17.44	03:16:05
23	21	34	57km	M	Ian	Lutge	16.86	03:22:54
24	22	42	57km	M	Wayne	Krenski	16.78	03:23:46
25	23	31	57km	M	Carel	Schoeman	16.72	03:24:29
26	3	30	57km	F	Sandi	Schoeman	16.59	03:26:07
27	24	37	57km	M	Josh	Hayman	16.59	03:26:12
28	25	21	57km	M	John Gary	Wardle	16.35	03:29:07
29	26	33	57km	M	Joubert	Lotz	16.30	03:29:47

<u>POS</u>	<u>GEN POS</u>	<u>NR</u>	<u>DIST</u>	<u>GEN DER</u>	<u>NAME</u>	<u>SURNAME</u>	<u>AVE SPEED</u>	<u>TIME</u>
30	27	36	57km	M	Quentin	van Vuuren	15.60	03:39:12
31	28	39	57km	M	Alex	De vWit	15.60	03:39:15
32	29	13	57km	M	Steven	Hodge	15.60	03:39:18
33	30	26	57km	M	Nolan	Lottering	15.59	03:39:22
34	31	29	57km	M	Wynand	Scholtz	15.59	03:39:23
35	32	51	57km	M	EGBERT	WEISS	15.58	03:39:30
36	33	52	57km	M	CLINT	BARRATT	14.99	03:48:08
37	34	43	57km	M	Rui	de Barros	14.98	03:48:16
38	35	24	57km	M	Sean	Connelan	14.98	03:48:20
39	36	28	57km	M	Richard	Smith	14.22	04:00:31
40	37	3	57km	M	Adrian	Peltenberg	14.22	04:00:32
41	38	22	57km	M	Ryan	Hoffmann	13.94	04:05:18
42	39	7	57km	M	Jean	Beneke	13.94	04:05:19
43	4	38	57km	F	Sally	Hayman	13.60	04:11:25
44	40	48	57km	M	ROB	WILLIAMSON	12.96	04:23:55
45	5	10	57km	F	Nadia	Cavanagh	12.58	04:31:56
46	41	9	57km	M	Mark	van der Vyver	12.58	04:31:57