

Sub Nipper 7/8 Female

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Juaney VanZyl	00:14:33								00:14:33
2	Skylar Goosen	00:19:13								00:19:13

Nippers 9/10 Female

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Paige Lottering	00:10:27	00:11:43	00:10:38						00:32:48

Nippers 9/10 Male

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Daniel Woodin	00:07:11	00:07:16	00:07:09						00:21:36
2	Ruan Cloete	00:07:13	00:07:36	00:07:44						00:22:33
3	Bryce Loenen	00:08:31	00:08:47	00:09:21						00:26:39
4	Jamie Knoetze	00:08:33	00:08:49	00:09:44						00:27:06
5	Wion Venter	00:09:19	00:09:25	00:09:45						00:28:29
6	Usi Mnqeta	00:09:59	00:09:50	00:10:14						00:30:03

Sprogs 11/12 Female

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Sarah Dawn Brown	00:07:59	00:07:44	00:09:01	00:08:50					00:33:34
2	Carla Jackson	00:08:08	00:09:01	00:09:42	00:09:55					00:36:46
3	Chloe Lotter	00:08:42	00:08:56	00:10:24	00:09:19					00:37:21
4	Hannah Seaman	00:09:57	00:11:03	00:11:27	DNF					00:32:27
5	Anya DeRidder	00:10:05	00:18:37	00:13:00	DNF					00:41:50

Sprogs 11/12 Male

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Alessandro Fanicchi	00:06:46	00:05:41	00:06:22	00:06:31					00:25:20
2	Jed Bridger	00:06:42	00:05:51	00:07:02	00:07:09					00:26:44
3	Jared Loenen	00:06:48	00:07:04	00:07:20	00:07:35					00:28:47
4	Azi Mnqeta	00:07:06	00:07:48	00:07:48	00:08:11					00:30:53
5	Lisekho Nobebe	00:07:11	00:08:02	00:08:03	00:08:38					00:31:54
3	Ben Rist	00:08:13	00:08:08	00:08:36						00:24:57
6	Patrice Chimwendo	02:59:57	DNF	DNF	DNF					02:59:57

Sub Junior 13/14 Female

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Madison Mann	00:14:47	00:15:34	00:15:38						00:45:59
2	Lara Lotter	00:18:55	00:20:54	00:21:10						01:00:59
3	Rachel Seaman	00:19:32	00:21:34	00:23:48						01:04:54
4	Sarah-Dene Wyllie	00:19:10	00:26:42	00:25:25						01:11:17

Sub Junior 13/14 Male

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Marcell Swartz	00:12:16	00:13:06	00:13:23	00:13:38					00:52:23
2	Caylem Essen	00:12:27	00:14:22	00:14:03	00:14:09					00:55:01
3	Lourens Spies	00:14:20	00:19:04	00:16:24	00:17:00					01:06:48
4	Jeanre Oelofse	00:16:33	00:16:23	00:17:28	00:20:00					01:10:24
5	Jordan Mildenhall	00:16:37	00:18:57	00:21:11	00:20:12					01:16:57
6	Gareth Smith	00:17:34	00:23:01	00:24:13	00:25:55					01:30:43
7	Ethan Coetzer	00:28:22	00:26:28	DNF	DNF					00:54:51

Youth15/16 Female

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Ashleigh Mayhead	00:14:36	00:16:57	00:17:22	00:17:23					01:06:18

Youth15/16 Male

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Raye Moolman	00:10:53	00:11:41	00:12:26	00:12:26	00:12:59	00:12:21			01:12:46
2	Aiden Finley	00:11:30	00:12:01	00:12:31	00:12:33	00:12:42	00:12:53			01:14:10
3	Juan VanRooyen	00:11:38	00:12:23	00:13:42	00:13:33	00:14:08	00:14:18			01:19:42
4	Benjamin Brown	00:11:32	00:13:14	00:13:51	00:13:40	00:13:45	00:14:03			01:20:05
5	Patridge Chimwendo	00:15:18	00:13:01	00:13:49	00:13:16	00:12:49	00:13:06			01:21:19
6	Charl Hoogendoorn	00:12:31	00:13:10	00:15:00	00:14:47	00:12:59	00:13:14			01:21:41
7	Bradley Bosman	00:12:33	00:13:10	00:14:56	00:14:47	00:13:24	00:13:58			01:22:48
8	Keegan Lottering	00:12:44	00:14:16	00:14:47	00:15:44	00:15:58	00:15:24			01:28:53
9	Drake Loubser	00:12:55	00:15:07	00:16:06	00:16:13	00:15:52	00:15:21			01:31:34
10	Callum McGregor	00:13:46	00:14:21	00:14:12	00:18:53	00:19:00	00:17:05			01:37:17
11	Daniel Meyburgh	00:14:55	00:16:49	00:16:43	00:17:14	00:18:33	00:17:03			01:41:17
12	EJ Mollentze	00:17:24	00:14:24	00:15:02	00:16:12	00:18:25	00:19:53			01:41:20
13	Jaryd Brickhill	00:15:35	00:17:22	00:16:49	00:17:24	00:17:06	00:18:35			01:42:51
14	Christian Lamprecht	00:15:20	00:16:38	00:18:11	00:18:00	00:18:54	00:18:57			01:46:00
15	Philip Reeve	00:14:42	00:16:19	00:17:15	00:20:40	00:19:17	00:18:30			01:46:43
16	Jaden Carter	00:21:27	00:15:07	00:35:23	00:32:51	Lapped	Lapped			01:44:48
17	Gareth Strydom	00:15:46	00:21:41	00:21:28	00:01:01	DNF	DNF			00:59:56
18	Damian Goosen	00:20:04	00:27:02	00:37:41	00:30:07	DNF	DNF			01:54:54

Junior 17/18 Female

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Hannah Oelofsen	00:13:04	00:14:05	00:14:43	00:14:47	00:15:15				01:11:54

Junior 17/18 Male

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Ceajay Bosman	00:11:31	00:11:49	00:12:36	00:12:23	00:12:10	00:11:42	00:11:47		01:23:58
2	Gerrit Rautenbach	00:11:33	00:11:50	00:12:31	00:12:27	00:12:20	00:13:19	00:14:22		01:28:22
3	Franco McLeod	00:11:48	00:12:31	00:13:46	00:14:07	00:14:10	00:14:30	00:14:55		01:35:47
4	Morne VDBerg	00:12:41	00:13:49	00:14:15	00:14:42	00:14:42	00:16:01	00:17:03		01:43:13
5	Renier Pietersen	00:13:46	00:15:39	00:15:55	00:16:18	00:16:19	00:15:52	Lapped		01:34:12
6	Matthew Niemand	00:13:28	00:15:37	00:15:54	00:16:23	00:19:15	00:19:25	Lapped		01:40:10
7	Brendon Powell	00:15:34	00:18:21	00:19:25	DNF	DNF	DNF	DNF		00:53:20
8	Reinhard Strumpffer	00:29:00	01:28:24	DNF	DNF	DNF	DNF	DNF		01:57:24

Elite 19+ Female

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Stacey Hyslop	00:13:23	00:14:05	00:14:20	00:14:21	00:14:29	00:14:32			01:25:10

Elite 19+ Male

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Jason Meaton	00:11:06	00:11:14	00:11:31	00:11:35	00:11:24	00:11:36	00:11:55	00:11:43	01:32:04
2	Kyle Bradford	00:11:08	00:11:57	00:12:26	00:12:26	00:12:21	00:12:43	00:12:55	00:13:08	01:39:04
3	Christopher O Linsky	00:11:50	00:12:23	00:12:28	00:12:42	00:13:03	00:13:19	00:13:54	00:14:06	01:43:45
4	Lloyd Vos	00:13:03	00:14:21	00:14:14	00:14:43	00:16:43	00:16:11	00:15:55	Lapped	01:45:15
5	Andrew Caples	00:13:39	00:14:00	00:15:58	00:16:20	00:18:08	00:18:10	Lapped	Lapped	01:36:29
6	Arno van Wyk	00:13:45	00:15:10	00:16:20	00:17:01	00:17:00	00:17:07	Lapped	Lapped	01:36:32

Sub Vets 30-39 Female

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Siska VDBijl	00:12:19	00:13:14	00:13:20	00:12:23					00:51:16
2	Sanja Steyn	00:15:09	00:14:52	00:14:58	00:15:22					01:00:21
3	Jolene Meyer	00:16:08	00:17:05	00:17:22	00:18:56					01:09:31
4	Rebecca Jopson	00:19:48	00:21:30	00:22:55	00:27:13					01:31:26

Sub Vets 30-39 Male

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Jay Carneiro	00:11:29	00:11:47	00:12:06	00:12:31	00:12:21	00:12:30			01:12:44
2	Dean de Coning	00:11:32	00:12:12	00:12:36	00:12:30	00:12:40	00:12:24			01:13:54
3	Morne Knoetze	00:11:48	00:12:07	00:12:43	00:13:10	00:13:01	00:13:58			01:16:47
4	Philip Bromley-Gans	00:12:43	00:13:09	00:13:47	00:13:30	00:13:34	00:13:32			01:20:15
5	Gregory Pienaar	00:13:38	00:14:06	00:14:32	00:13:57	00:13:48	00:13:53			01:23:54
6	Andrew Briggs	00:13:05	00:13:57	00:14:47	00:15:41	00:15:10	00:14:17			01:26:57
7	Marcus Manthe	00:13:51	00:14:08	00:14:25	00:14:40	00:15:01	00:14:57			01:27:02
8	Gary Martin	00:14:00	00:15:02	00:14:44	00:15:28	00:15:23	00:14:42			01:29:19
9	Wayne Craikshank	00:13:55	00:15:14	00:14:50	00:15:36	00:15:32	00:15:44			01:30:51
10	Mark Reeves	00:13:30	00:15:41	00:15:59	00:16:38	00:17:20	00:15:50			01:34:58
11	Tim Jopsen	00:15:05	00:15:02	00:16:24	00:16:22	00:15:50	00:16:26			01:35:09
12	Gabri Steyn	00:13:23	00:13:49	00:14:20	00:14:55	00:15:35	Lapped			00:56:27
13	Chris Herrin	00:15:21	00:17:42	00:13:35	00:13:16	00:13:46	DNF			01:52:11

Vets 40-49 Female

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Andrea Shirley	00:13:17	00:13:42	00:13:37	00:13:31					00:54:07
2	Vicki Laing	00:15:27	00:15:12	00:15:54	00:16:20					01:02:53
3	Bridget Koekemoer	00:15:30	00:15:13	00:16:16	00:17:24					01:04:23

Vets 40-49 Male

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Eugene van Rooyen	00:11:22	00:11:41	00:11:53	00:11:50	00:11:50				00:58:36
2	David Wright	00:11:58	00:12:18	00:12:28	00:12:35	00:13:54				01:03:13
3	Wesley Strydom	00:12:42	00:12:42	00:12:41	00:12:42	00:12:45				01:03:32
4	Duane Kritzinger	00:12:54	00:12:44	00:13:13	00:13:03	00:13:41				01:05:35
5	Morne Coetzer	00:13:30	00:13:34	00:13:19	00:13:53	00:14:22				01:08:38
6	Marcelle Oelofsen	00:13:32	00:13:44	00:13:59	00:14:23	00:14:05				01:09:43
7	Leslie Slabbert	00:12:57	00:13:39	00:14:07	00:14:41	00:15:19				01:10:43
8	Mike Goodwin	00:13:45	00:14:15	00:14:33	00:14:31	00:14:39				01:11:43
9	Johan Grobler	00:14:40	00:14:11	00:14:22	00:14:31	00:14:25				01:12:09
10	Greg Olivier	00:14:01	00:14:16	00:14:31	00:15:05	00:15:08				01:13:01
11	Brad Jackson	00:14:18	00:15:25	00:15:58	00:15:17	00:14:11				01:15:09
12	Brendon Wood	00:13:36	00:14:52	00:16:01	00:16:23	00:16:12				01:17:04
13	Ashton Ferreira	00:14:14	00:14:49	00:15:16	00:19:43	00:15:33				01:19:35

Masters 50-59 Male

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Dave Stickells	00:12:34	00:12:50	00:12:56	00:12:46					00:51:06
2	Graham Taylor	00:12:39	00:13:29	00:13:30	00:13:31					00:53:09
3	Lester Tait	00:12:55	00:13:19	00:13:34	00:13:46					00:53:34
4	Dean Lawson	00:13:15	00:13:34	00:13:20	00:13:31					00:53:40
5	Conrad De Beer	00:13:35	00:13:40	00:14:15	00:16:01					00:57:31
6	Trevor Wall	00:13:37	00:14:10	00:16:02	00:15:15					00:59:04
7	Anton Botha	00:20:26	00:24:10	00:28:21	00:25:39					01:38:36

Grand Master 60-69 Male

Pos	Name	Laps:1	2	3	4	5	6	7	8	Total Time
1	Charlie Jackson	00:15:18	00:15:41	00:16:28	00:16:32					01:03:59
2	Robin Ellingson	00:15:26	00:15:40	00:17:00	00:16:36					01:04:42