

Junior:

Males:

1 ::	-- Joshua de Freitas Parel,11	1:16:58	0:12:15	0:13:17	0:13:05	0:12:54	0:12:50	0:12:34
2 ::	-- Michard Meets Parel,16	1:16:59	0:12:16	0:13:14	0:13:08	0:12:52	0:12:52	0:12:35
3 ::	-- Gerrit Rautenbach DanP,1	1:17:22	0:12:19	0:13:15	0:13:05	0:12:52	0:12:51	0:12:57
4 ::	-- Dian Kotze Parel,18	1:17:46	0:12:17	0:13:15	0:13:04	0:12:56	0:12:51	0:13:21
5 ::	-- Ico Coetzee Parel,14	1:25:32	0:12:17	0:13:15	0:13:05	0:13:46	0:15:47	0:17:19
6 ::	-- Grant Keet Parel,15	1:28:05	0:12:18	0:13:16	0:13:26	0:15:23	0:17:27	0:16:13
7 ::	-- Callum Forrester Parel,13	1:33:33	0:12:29	0:13:50	0:15:01	0:16:28	0:17:42	0:18:00
8 ::	-- Reinhard Strumpfer PHS,79	1:17:59	0:16:14	0:14:19	0:14:31	0:15:28	0:17:27	
9 ::	-- Arno Botha PHS,5	1:32:30	0:16:12	0:17:34	0:18:57	0:19:09	0:20:38	
10 ::	-- Shane Nicoll PHS,6	1:32:33	0:17:17	0:18:30	0:17:12	0:18:56	0:20:36	
11 ::	-- Devan de Beer PHS,82	1:33:43	0:19:58	0:22:29	0:25:31	0:25:45		
12 ::	-- Robbie Clarke Grey,7	0:40:02	0:17:14	0:22:48				
13 ::	-- Josh Tucker Grey,4	0:40:01	0:17:11	0:22:50				
14 ::	-- Johann Meyer PHS,81	00:00:00	DNS					
15 ::	-- Jared Brown PHS,83	00:00:00	DNS					
16 ::	-- Bradley Harrington PHS,85	00:00:00	DNS					

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Youth:U/15

Males:

1 ::	-- Joshua Burger Parel,60	1:08:42	0:12:58	0:13:15	0:13:21	0:14:12	0:14:54	
2 ::	-- Raye Moolman DFMal,68	1:09:05	0:13:02	0:13:54	0:14:30	0:14:06	0:13:32	
3 ::	-- Juan van Rooyen Priority,61	1:10:12	0:13:00	0:13:07	0:13:29	0:14:54	0:15:41	
4 ::	-- Lourens Erasmus Parel,64	1:12:18	0:15:16	0:15:02	0:15:06	0:14:47	0:12:06	
5 ::	-- Benjamin Brown W/view,90	1:13:56	0:13:25	0:14:10	0:14:42	0:15:30	0:16:07	
6 ::	-- Emile Burger Parel,67	1:14:20	0:16:16	0:14:30	0:14:16	0:14:31	0:14:44	
7 ::	-- Kobus Erasmus Parel,63	1:15:42	0:15:39	0:14:41	0:15:14	0:14:39	0:15:28	
8 ::	-- Aidan Finlay Grey,91	1:18:35	0:13:46	0:15:32	0:15:27	0:32:08	0:01:39	
9 ::	-- Partige Chimwendo Alex,89	1:19:47	0:15:10	0:15:11	0:15:04	0:16:05	0:18:15	
10 ::	-- Archie Zake Mzonts,73	1:20:42	0:16:53	0:15:06	0:15:23	0:16:15	0:17:04	
11 ::	-- Ian Rudman DanP,58	1:25:23	0:16:52	0:16:19	0:15:57	0:17:16	0:18:57	
12 ::	-- Gareth Strydom Grey,59	1:38:23	0:18:32	0:20:40	0:19:22	0:19:45	0:20:04	
13 ::	-- Dillun Holmes Lorraine,86	1:38:37	0:17:10	0:18:32	0:18:37	0:19:41	0:24:35	
14 ::	-- Christian Lamprecht PHS,12	1:49:28	0:17:55	0:18:26	0:19:29	0:23:42	0:29:53	
15 ::	-- Daniel Meyburgh Grey,74	1:50:51	0:17:53	0:19:45	0:20:51	0:23:12	0:29:07	
16 ::	-- Benjamin te Water,62	0:57:33	0:14:02	0:14:18	0:14:38	0:14:35		
17 ::	-- Mohau Maneli Mzonts,72	1:05:07	0:15:54	0:15:12	0:16:23	0:17:38		
18 ::	-- Eben du Plessis Parel,66	0:15:09	0:15:09					

Females:U/15

1 ::	-- Ashleigh Mayhead Westview,88	1:04:12	0:15:18	0:16:22	0:15:58	0:16:33		
2 ::	-- Mikayla Forrester Parel,65	1:07:23	0:15:53	0:16:55	0:17:15	0:17:18		
3 ::	-- Vuyo Grootboom Mzonts,120	00:00:00	DNS					

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Youth:U/16

Males:

1 ::	-- Ryan Kellerman Parel,56	1:02:56	0:12:09	0:12:33	0:12:46	0:12:36	0:12:50
2 ::	-- Ceajay Bosman Grey,69	1:04:51	0:12:08	0:12:49	0:12:58	0:13:15	0:13:38
3 ::	-- Ryno Gerber DanP,51	1:09:51	0:13:01	0:14:55	0:14:19	0:13:51	0:13:43
4 ::	-- Franco McLeod DanP,52	1:15:17	0:13:01	0:13:41	0:14:16	0:15:14	0:19:03
5 ::	-- Franco Boshoff Framesby,87	1:20:55	0:14:47	0:15:52	0:16:22	0:16:37	0:17:14
6 ::	-- Marno van de Berg PHS,80	1:21:57	0:15:06	0:16:13	0:16:16	0:16:34	0:17:45
7 ::	-- Jedd Larsen PHS,78	1:32:27	0:17:57	0:18:16	0:18:16	0:18:15	0:19:42
8 ::	-- Gareth Alfonso PHS,76	1:33:56	0:18:07	0:18:16	0:18:58	0:19:19	0:19:14
9 ::	-- Brendon Powell DanP,54	1:35:12	0:19:44	0:18:54	0:18:32	0:18:51	0:19:09
10 ::	-- Grant Parkinson PHS,77	1:07:35	0:15:52	0:15:49	0:17:09	0:18:45	
11 ::	-- Silinga Simiselo Mzonts,70	1:12:04	0:27:03	0:29:30	0:15:31		
12 ::	-- Dian Wiese Parel,55	0:44:52	0:14:03	0:14:42	0:16:07		
13 ::	-- Ruan Stander PHS,84	00:00:00	DNS				
14 ::	-- Luthando Meintjies Mzts,20	00:00:00	DNS				
15 ::	-- Hlomla Mabhanga Mzts,71	00:00:00	DNS				

Youth:U/16

Females:

1 ::	-- Karmyn van Noorde Parel,57	1:09:56	0:16:57	0:16:50	0:17:23	0:18:45	
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sub junior B:

Males:

1 ::	-- Jacques Robbertze Prel,109	0:58:18	0:14:43	0:14:23	0:14:30	0:14:41	
2 ::	-- Michan van Lill,108	1:00:00	0:14:44	0:14:20	0:14:28	0:16:26	
3 ::	-- Charl Hoogendoorn Hm,100	1:00:09	0:14:58	0:15:02	0:15:04	0:15:05	
4 ::	-- Bradley Bosman Grey,113	1:00:16	0:14:45	0:14:53	0:15:22	0:15:12	
5 ::	-- Keegan Lottering Lorr,124	1:03:05	0:15:00	0:16:11	0:15:56	0:15:57	
6 ::	-- Loren Ferreira Grey,102	1:03:17	0:15:49	0:15:46	0:15:51	0:15:50	
7 ::	-- Kyle White PHS,121	1:05:33	0:16:02	0:16:39	0:16:30	0:16:21	
8 ::	-- Drake Loubser Grey,105	1:09:32	0:15:59	0:17:05	0:17:45	0:18:42	
9 ::	-- Andrew Bosch Pearson,126	1:18:50	0:17:10	0:19:15	0:20:30	0:21:53	
10 ::	-- Jaden Carter Grey,107	1:26:02	0:17:54	0:23:31	0:25:16	0:19:20	
11 ::	-- Damian Goosen Grey,106	1:30:03	0:18:09	0:24:01	0:25:16	0:22:35	
12 ::	-- Liyema Manyathi Mzts,119	1:17:51	0:22:39	0:30:44	0:24:28		
13 ::	-- Luvuyo Msuthu Mzonts,118	0:58:25	0:22:45	0:35:40			
14 ::	-- Lisakhanya Zweni Mztz,117	0:58:31	0:20:06	0:38:25			
15 ::	-- Dillon Kriel Lorraine,101	00:00:00	DNS				
16 ::	-- Alan van den Berg VP,112	00:00:00	DNS				

Females:

1 ::	-- June Kruger Parel,103	1:10:48	0:17:15	0:17:41	0:18:00	0:17:50	
2 ::	-- Erinn Stokker Pharos,115	0:27:20	0:27:20				

End of Results